

Only courses taught in English can be counted as graduation credits. Notifications such as location/venue, changes to the classrooms for lectures and seminars, class cancellations and changes to the class timetable will all be posted on the physical education course bulletin board (Fourth Building Section B, 1F, in front of J11 classroom).

Registered students should always pay attention to the notices.

In some cases, students who are under treatment for an illness or injury which places restrictions on physical activity may not be able to take the physical activity courses. If this is the case, consult an academic counselor at the Institute of Physical Education beforehand.

If you have any questions regarding registration for physical education courses, first speak to the staff in charge of the research centers and institutes at the Hiyoshi Office of Student Services and then consult an academic counselor at the Institute of Physical Education.

### 1 Aims of the Physical Education Courses

The broad aims of the physical education courses is to provide the students with experience and understanding of the various phenomena related to the body, to examine their own existence in society and to try and to understand the nature of human beings. In particular, it aims to create rich character building experiences for students by going beyond verbalized knowledge and allowing students to understand and obtain somatic intelligence of their own bodies. Courses take various approaches to these aims, and sets further goals related to these aims.

### 2 Structure of Physical Education Courses

The physical education courses include the four courses of “Lecture on Physical Education,” “Seminar on Physical Education,” “Physical Activity A,” and “Physical Activity B.” The handling of courses and the maximum number of credits that can be recognized differs between faculties and departments. Carefully read the course registration guide for your affiliated faculty before registering for courses. An outline of each course is given below. For details of the class content, please refer to the online syllabus (see page 8 of this document).

- (1) Lecture on Physical Education (2 credits) …Lectures related to body, health, exercise, etc.
- (2) Seminar on Physical Education (1 credit) …Seminar-style classes with lectures
- (3) Physical Activity A (1 credit) …Physical activity (physical training): Evaluated using the five levels from S to D Weekly Sports
- (4) Physical Activity B (1 credit) …Physical activity (physical training): Evaluated using the two levels of Pass or Fail Seasonal Sports

Physical education courses include Physical Activity A and Physical Activity B, and students should be particularly aware that the evaluation methods are different for each course. Physical Activity A offers Weekly Sports and Physical Activity B offers Seasonal Sports. An outline of these courses is as follows:

Weekly Sports……Classes offered once a week

Seasonal Sports ……Classes lasting 7 days during the summer break (August to September) or during the spring break (February). However, training camps are in principle four-day three-night events.

### 3 Procedures up to Course Registration for Physical Education Courses

<b>April 4(Wed) and 5(Thu)</b>	<b>Guidance on physical education courses</b>	
	Students wishing to register for physical education courses should bring the course registration guide, “開講科目一覧/ <i>Kaiko Kamoku Ichiran</i> (Japanese only),” and the physical education course timetable to the guidance session.	
	April 4(Wed)	10:00 Classrooms J11, J14, J19
	April 5(Thu)	16:30 Classrooms J14, J19, J29 10:00 Classrooms J14, J19, J21

<b>April 9 (Mon)</b> <b>10 (Tue)</b> <b>11 (Wed)</b> <b>12 (Thu)</b> <b>13 (Fri)</b>	<b>Handling of classes for physical education courses in the first week</b> Physical education courses will be held according to the timetable. However, physical activity courses will <b>all be held in the stands of the Sports Building</b> during the first week only. (This is not the venue written in the timetable.) <b>* For Weekly Sports in both the Spring and Fall Semesters, students who attend the first class and complete the prescribed procedures may be given priority.</b> For each period, the same content will be repeated twice, in the first half and the second half of class. There will be no individual explanations for the Seasonal Sports courses. The faculty member in charge will give an explanation at the Sports Building (general guidance).	
	Course name	Venue
	Lecture on Physical Education	Classroom specified in the timetable
	Seminar on Physical Education	Classroom specified in the timetable
	Weekly Sports (Physical Activity A)	Stands of the Sports Building
	Seasonal Sports (Physical Activity B)	Sports Building

It is not possible to cancel or change your course registration due to reasons such as the level of the class being too high or low or for personal reasons.

<b>April 11 (Wed)</b> <b>13:00</b> <b>to-16 (Mon)</b> <b>until 10:00</b>	<b>Period for online course registration</b> Students must register courses using the Academic Affairs Web System. Read the course registration guide for each faculty and then register for courses.
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<b>April 6 (Fri)</b> <b>-18 (Wed)</b>	<b>Receive the annual health checkup</b> Receiving the annual health checkup performed by Keio's Health Centers is a prerequisite for the physical activity courses. Be sure to receive the checkup during this period.
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**Students who are currently under treatment for an illness or injury which places restrictions on physical activity must always bring a medical certificate (containing information on the restrictions) at the time of the health checkup.** Please be aware that it may not be possible to judge whether the student is capable of taking the physical activity courses without examining the medical certificate.

After a student has received the health checkup, he/she will receive a stamp ("体育 1/Physical Education 1" will be stamped on the back of the student ID card). It is not possible to register for the physical activity courses without this stamp. Students placed in either the "Physical Education 2" or "Physical Education 3" course as a result of the health checkup should report this to the staff in charge of research centers and institutes at the Hiyoshi Office of Student Services.

<b>April 23 (Mon)</b> <b>8:30</b>	<b>Announcement of course registration adjustments results</b> Announced on: The physical education course bulletin board (Fourth Building Section B, 1F, in front of classroom J11) Sports Building 1F lobby <a href="http://www.gakuji.keio.ac.jp/hiyoshi/rishu/seigen.html">http://www.gakuji.keio.ac.jp/hiyoshi/rishu/seigen.html</a>
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A lottery may be conducted if the number of students wishing to register for Physical Activity A, Physical Activity B, or Seminar on Physical Education exceeds the number of places available. Students who have registered these courses must always check whether their registration has been approved or not.

However, a lottery will not be performed for Lecture on Physical Education.

Students registering for Weekly Sports (Backcountry Skill), Seasonal Sports (training camp courses) courses in outdoor recreation, nature & trail (mountaineering), horse riding, sailing, marine sports activities, beach volleyball, skiing, and ice skating must complete payment procedures for the course fees described below (page 23 of this document).

<b>[1] Spring Courses</b> <b>April 23 (Mon)</b> <b>-24 (Tue)</b> <b>Fall Courses</b> <b>April 26 (Thu)</b> <b>-May 2 (Wed)</b>	<b>Regarding additional course registration</b> It is possible to add courses for any Physical Activity course or Seminar on Physical Education courses that still have places available after course registration adjustments have been made. In principle, in order to add these courses, you must obtain permission from your affiliated faculty, and the following two procedures must be completed: [1] Course pre-registration on keio.jp, and [2] add courses during the period for adding courses and amending your course registration. (For details, refer to the "Period for adding and amending courses" section on page 17 of this document).
<b>[2] May 7 (Mon)</b> <b>-18 (Tue)</b>	Check the results of the course registration adjustment again and make sure that you have not made any mistakes.

**[1] Procedures for pre-course registration through keio.jp**

Completing only this procedure will not allow students to register courses. Please make sure that you carry out the second procedure for adding and amending courses during the specified period. If places are still available for more students, registration will be accepted on a first come first served basis. For more details, please refer to the webpage of the Institute of Physical Education (<http://ipe.hc.keio.ac.jp/>) or the bulletin board for physical education in front of classroom J11 located on the first floor of the Fourth building.

**■ Application Period ■**

**Spring Semester: Weekly Sports, Seminar on Physical Education**

**April 23, 8:30–April 24, 16:45**

**■ Application Method ■**

**Courses that you pre-register on keio.jp (login from <http://keio.jp/>) will be accepted on a first come first served basis.**

→ Select “Courses” under the “Application” menu on the top page of the keio.jp website.

→ Select “Course Pre-registration.” [Caution] This is different from “the Web Entry System.”

**[2] Procedures for adding and amending course registration**

Refer to Chapter 3 “Procedures up to Course Registration” written above (the “Period for adding and amending courses” section on page 13 of this document) for details before performing the procedures.

\*Details information regarding how to register courses offered in fall semester will be provided in mid September.

**You will not be able to register courses without completing both procedure [1] and [2]. If your affiliated faculty does not allow you to add these courses, you will not be able to register them even if you complete procedure [1].**

**Procedure [1] is not necessary for registering Lecture on Physical Education Courses.**

**Registration for Fall Semester Physical Education Courses**

Students can register for Physical Activity Courses with places available. Students who wish to register must complete the following two procedures:

1. Obtain permission to register at the Faculty of Economics counter.
2. Complete the course registration on the Academic Affairs Web System.

A bulletin about the registration period and applicable courses will be posted on the Institute of Physical Education bulletin board (in front of classroom J11 on the first floor of the Fourth Building: Section B) from early September.

\*Course registration will close once the quota for the course has been reached. Places on the course are available on a first-come first-served basis.

[Important]

The registration process is not completed simply by receiving permission to register. After obtaining permission, students should complete the course registration on the Academic Affairs Web System.

May 16 (Wed) 10:00– 17 (Thu) 16:45	<b>Course Cancellation Period</b> Students may cancel courses that they once registered (fixed courses) during this period by completing the prescribed procedures. Refer to the Chapter 3 “Procedures Up to Course Registration” above (the “Period for adding and amending courses” section on page 17 of this document) for details before performing the procedures.
June 25 (Mon) 10:00– 26 (Tue) 16:45	
October 24 (Wed) 10:00– 25 (Thu) 16:45	
December 12 (Wed) 10:00– 13 (Thu) 16:45	* Courses that require activity fees cannot be cancelled through the Academic Affairs Web System. The cancellation period and necessary procedures will be posted on the bulletin board for physical education.

**4 Payment of Activity Fees for Seasonal Sports (Training Camp Courses)**

It is necessary to pay the activity fees within the specified period for the courses given below.

**Courses requiring payment of activity fees**

Weekly Sports: Backcountry Skill

Seasonal Sports: Outdoor recreation, Nature & Trail (mountaineering), horse riding, sailing, marine sports activities, beach volleyball, skiing, ice skating

Course Name	Payment Period	Office Hours	Venue
Backcountry Skill	April 23–April 27	8:45–16:45	Hiyoshi Office of Student Services
Others	April 23–May 8		

Even if course registration is carried out for the courses written above, participation is not possible if the fees are not paid. If you cannot pay during the specified period, speak with the General Affairs and Inquiries Section in the Hiyoshi Office of Student Services. You will be regarded as having withdrawn your course registration if you do not pay the fees without consulting the relevant office during the specified period. You will receive a “D” or “F” grade.